

friLingue

Freude
lehrt
Sprachen

Swiss language and ski camps

Spring / Summer / Autumn / Winter

For juniors and teens
French, German and English language lessons



WELCOME TO OUR LANGUAGE & SKI CAMPS IN BEAUTIFUL SWITZERLAND

Why Switzerland?

Switzerland is the perfect camp destination for juniors and teens. Blessed with beautiful scenery and safe communities, Switzerland is always a great destination for international travellers.

frilingue provides transfers to our camps from both Geneva and Zurich airports

BRAUNWALD

Braunwald is a carfree resort village oriented towards both winter and summer tourism.

Time to the airports by car:
Zurich 1 h 30 min

SCHWARZSEE

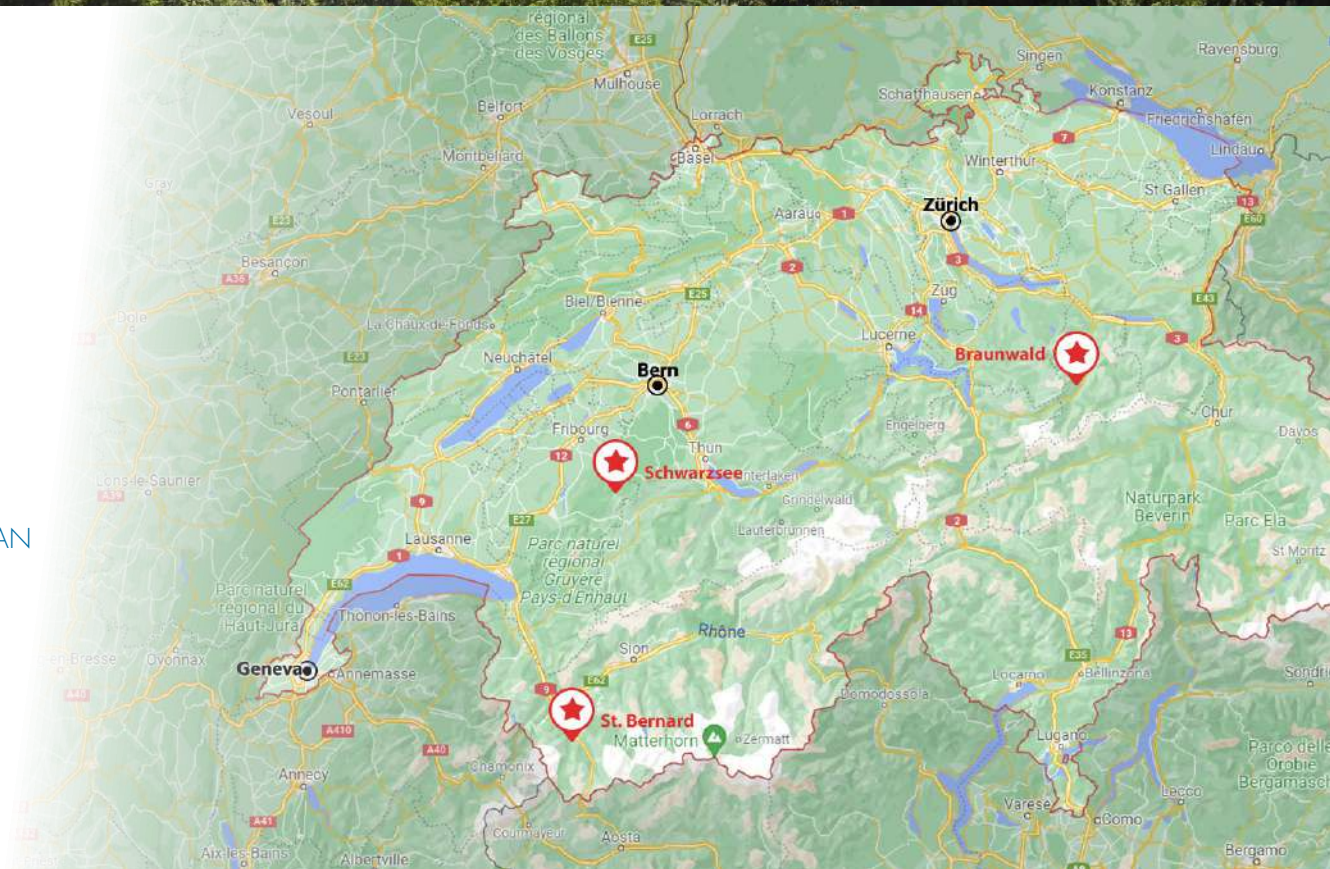
Schwarzsee is a stunning lake and mountain location in the Swiss Prealps, ideal for summer hikes.

Time to the airports by car:
Geneva 1h 45 min
Zurich 2 h

ST. BERNARD / PETIT VELAN

St. Bernard is a beautifully picturesque Alpine region in the canton of Valais, known for summer and winter mountain sports.

Time to the airports by car:
Geneva 1 h 30 min



The friLingue experience

1 6 students per class

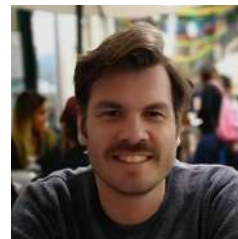


2 Delicious, organic and fresh home-cooked meals for a balanced diet

3 Unique camp locations

4 Safe & secure environment

5 Young, creative and diverse group of teachers



PHILIPP WEBER
Founder - friLingue
Language Learning Camps

I founded friLingue in 2007 because I wanted to bring young people together and give them the chance to discover, like I did when I was a teenager, how much fun it is to learn a language in a beautiful location with new friends and energetic teachers.



LJUBISA ILICIC
Director - friLingue
Language Learning Camps

In the summer of 2009 I was looking for a summer camp. I found friLingue and it changed my life. For me, friLingue offers the best of Switzerland; a uniquely positive atmosphere, an international environment, breathtaking scenery and clean lakes.



6 Fun & interesting workshops and evening activities

7 Nationality mix: foreign and Swiss students mix in the same camps

Ages: 8 to 17

Languages: English | French | German

Hotel: 1 | 2 | 4 | 6 bedded rooms | Dormitory

Braunwald Camp



FACTS ABOUT BRAUNWALD

- Winter & summer resort car-free village in the Glarus hinterlands
- Spacious outdoor terraces with panoramic mountain views
- Hotel offers cozy atmosphere & has a game room!

Adrenalin Backpacker Hostel

- The hotel offers traditional furnished rooms, a large living room and spacious classrooms.
- Accommodation in 1, 2, 4 and 6 bedded ensuite rooms or in the dormitory
- Peaceful mountain resort
- frilingue owned property

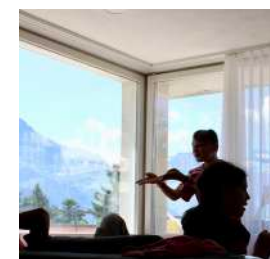
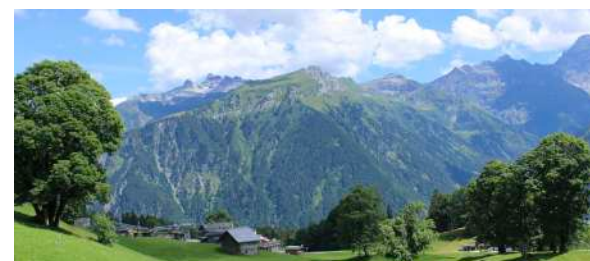


THE PROGRAM

Classes are interactive and lively. Students will be using their speaking and listening skills in a wide range of fun language learning activities. Classes are held both indoors and outdoors to profit from the mountain sun.

PROGRAM INCLUDES:

- 1.5 hours of class per week
- Full-board accommodation
- Alpine location
- Afternoon activities: workshops
- Hiking with views
- Full-day excursions on Saturday
- 6 students per class
- friLingue owned property
- Certificates
- Evening activities
- 24h staff supervision
- Airport transfers included



Families welcome!

Braunwald Camp - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	
Afternoon	Lunch						Full-day excursion to chocolate factory
	Arrival during afternoon	WORKSHOPS**	Hiking with a photo & video competition	WORKSHOPS**	Excursion to Walen lake	Free Time	
Evening	Dinner						
	Welcome evening: Test, Rules, Introduction, Ice-breaker games	Sports Tournament	Games Night	Bonfire Singing and Guitars	Free evening	Disco until 23:00	BBQ

* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).

** Sample Workshops: Theatre, Film or Media Workshop, Newspaper, Sports, Graffiti, Dancing, Baking, DJ Workshop, etc.

Ages: 8 to 17

**Special
Camps**

Languages
English, French, German

Hotel
1 | 2 | 4 | 6 Beds | Dormitory

Location
Braunwald

Arts Camp Braunwald



THE PROGRAM

The program is flexible because this is a project - based camp, and we allow the creative ideas spawned from the project to guide the camp's direction and flow, however here are some things we guarantee:

PROGRAM INCLUDES:

- 15 hours of classes per week
- Full-board accommodation
- Alpine location
- Afternoon activities: workshops
- Hiking with views
- Full-day excursion on Saturday
- 6 students per class
- frilingue owned property
- Certificates
- Evening activities
- 24h staff supervision
- Airport transfers included



Arts Camp Braunwald - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Core linguistic competences, tools and conversation skills	9.00 - 10.30 Core linguistic competences, tools and conversation skills	9.00 - 10.30 Core linguistic competences, tools and conversation skills	9.00 - 10.30 Core linguistic competences, tools and conversation skills	9.00 - 10.30 Core linguistic competences, tools and conversation skills	
		11.00 - 12.30 Active language learning projects	11.00 - 12.30 Active language learning projects	11.00 - 12.30 Active language learning projects	11.00 - 12.30 Active language learning projects	11.00 - 12.30 Active language learning projects	
	Lunch						
Afternoon	Arrival during afternoon	14.30 - 16.00 Creative workshops	14.30 - 16.00 Creative workshops	14.30 - 16.00 Creative workshops	14.30 - 18.00 Hiking and sketching landscapes & situations	14.30 - 16.00 Sport and physical activities	Full-day excursion
		16.30 - 18.30 Creation of notebooks to use during the week	16.30 - 18.30 History of arts and conceptual approaches	16.30 - 18.30 Pooling of ideas for weekend projects		16.30 - 18.00 Free time, preparations for the evening	
Evening	Dinner						
	Welcome evening: Test, Rules, Introduction, Icebreaker games	Viewing of an art-house film/ documentary	Campfire with concert	Evening hike, discussion about the exhibition	Evening exhibition of projects, performances, projections...	Disco until 23:00	Free evening

* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).

Ages: 8 to 17

Special
Camps

Languages
English, French, German

Hotel
1 | 2 | 4 | 6 Beds | Dormitory

Location
Braunwald

Braunwald Ski & Snowboard Camp



THE PROGRAM

With our ski and snowboard course, students of all ability levels will have the opportunity to improve and have fun; we'll help beginners to feel at home on the piste, whilst more comfortable skiers and snowboarders will be taught on the bigger slopes by our

- 12 hours of language courses to strengthen the language bases, paying close attention to the learning needs of each individual student.
- Over 15 hours of ski or snowboarding lessons per week

- An evening program with variety of different activities
- 2 excursions per week, including one full-day.
- 24h staff supervision
- Airport transfers included



Families welcome!



Ski & Snowboard Camp - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		Skiing/Snowboarding**	Skiing/Snowboarding**	Skiing/Snowboarding**	Skiing/Snowboarding**	Skiing/Snowboarding**	Full-day excursion
	Lunch						
Afternoon	Arrival during afternoon	Language Lessons	Language Lessons	Half-day excursion	Language Lessons	Language Lessons	Full-day excursion
	Dinner						
Evening	Welcome evening: Test, Rules, Introduction, Icebreaker games	friLingue Olympics	Ice skating	Night skiing	Movie night	Disco until 23:00	Free evening

* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).

** Ski and/or snowboarding lessons can take place either during the mornings or afternoon, depending on the current weather.

Ages: 12 to 17

Languages: English | French | German

Swiss **Hotel**: 2 beds (12-minute walk from main building)

Swiss **Chalet**: 4 | 6 | 8 beds

St. Bernard Language Camp



FACTS ABOUT ST. BERNARD

- French speaking region
- Home of the St. Bernard dog breed
- Close to the French and Italian borders
- Summer & Winter mountain sports location
- Spectacular alpine views

Relais de Dranse Chalet

- frilingue-owned property
- Traditional chalet, renovated in 2014
- Comfortable rooms with 4, 6 and 8 beds
- Beautiful alpine views
- Large common area & dining room
- No passing traffic

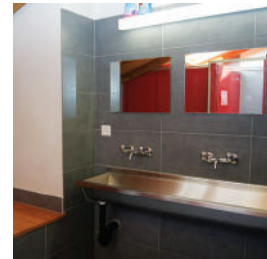


THE PROGRAM

Classes are interactive and lively. Students will be using their speaking and listening skills in a wide range of fun language learning activities. Classes are held both indoors and outdoors to profit from the mountain sun.

PROGRAM INCLUDES:

- 15 hours of class per week
- 6 students per class
- Full-board accommodation
- friLingue owned property
- Alpine location
- Certificates
- Afternoon activities: workshops
- Evening activities
- Hiking with views
- 24h staff supervision
- Full-day excursions on Saturday
- Airport transfers included



I had a good German teacher and I liked to play games in class sometimes. We were there to have fun but we could also learn at the same time. I learned a lot of German and had fun during the evening and afternoon activities.

Gabriel - 14, Switzerland



St. Bernard Language Camp - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language Lessons	9.00 - 10.30 Language Lessons	9.00 - 10.30 Language Lessons	9.00 - 10.30 Language Lessons	9.00 - 10.30 Language Lessons	
		11.00 - 12.30	11.00 - 12.30	11.00 - 12.30	11.00 - 12.30	11.00 - 12.30	
	Lunch						
Afternoon	Arrival during afternoon	WORKSHOPS**	Half-day excursion	WORKSHOPS**	Half-day excursion	WORKSHOPS**	Visit Aosta Valley in Italy
	Dinner						
Evening	Welcome evening: Test, Rules, Introduction, Ice-breaker games	Football Tournament	Karaoke	Bonfire at the Lake Singing and Guitars	Free Time	Disco until 23:00	Movie night & BBQ

* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).

** Sample Workshops: Theatre, Film or Media Workshop, Newspaper, Sports, Graffiti, Dancing, Baking, DJ Workshop, etc.

Ages: 8 to 13

Languages: English | French | German

Swiss Hostel: 2-bed en suite | 4 | 7 beds

Petit Vélan Language Camp



FACTS ABOUT PETIT VÉLAN

- French speaking region
- Home of the St. Bernard dog breed
- Close to the French and Italian borders
- Summer & Winter mountain sports location
- Spectacular alpine views

Hostel Petit Vélan

- Comfortable rooms with 2, 4 and 7 beds
- Beautiful alpine views
- Secluded location



THE PROGRAM

The younger participants (8-13 years old) are accommodated at our Petit Vélán hostel during their language study trip.

The charming hostel Petit Vélán is located in the village of Bourg St. Pierre and has 23 beds.

There are two 4-bedded rooms and four 2-bedded rooms with a private bathroom, as well as another dormitory. We also regularly use the property as a classroom. Breakfast is served at the Petit Vélán, while participants will have their lunch and dinner at the Relais de Dranse, which is less than 10 minutes away by car. Our camp leaders transport the children by car every day.

PROGRAM INCLUDES:

- 15 hours of class per week
- 6 students per class
- Full-board accommodation
- friLingue owned property
- Alpine location
- Certificates
- Afternoon activities: workshops
- Evening activities
- Hiking with views
- 24h staff supervision
- Full-day excursion on Saturday
- Airport transfers included



Petit Vélán Language Camp - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language Lessons	9.00 - 10.30 Language Lessons	9.00 - 10.30 Language Lessons	9.00 - 10.30 Language Lessons	9.00 - 10.30 Language Lessons	
		11.00 - 12.30	11.00 - 12.30	11.00 - 12.30	11.00 - 12.30	11.00 - 12.30	
Afternoon	Lunch						
	Arrival during afternoon	WORKSHOPS**	Half-day excursion	WORKSHOPS**	Half-day excursion	WORKSHOPS**	Full-day city tour and shopping
Evening	Dinner						
	Welcome evening: Test, Rules, Introduction, Ice-breaker games	Football Tournament	Karaoke	Bonfire at the Lake Singing and Guitars	Free Time	Disco until 23:00	Movie night & BBQ

* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).

** Sample Workshops: Theatre, Film or Media Workshop, Newspaper, Sports, Graffiti, Dancing, Baking, DJ Workshop, etc.

Ages: 12 to 17

Special
Camps

Languages
English, French and German

Swiss chalet
4 | 6 | 8 Beds

Hostel
2 bedded ensuite rooms

Location
Liddes

Adventure Camp

THE PROGRAM

This is an intense camp for young people who want to move, act in thought and think in action - nature and culture go hand in hand for an intense and complete experience!

WHAT WILL THE PARTICIPANTS LEARN:

- How to navigate with a map and a compass
- How to predict the weather forecast
- How to construct an emergency shelter
- How to make fire without matches
- How to tie different types of knots
- How to find a food supply in nature
- Discover the plants and their benefits, the animals and their behavior.
- Many other essential survival skills

WHAT WILL YOU DO?

- English, French or German lessons in the morning
- Exploring the wild side of Switzerland
- Canoe trips
- Climbing and zipline descent
- Crossing a gorge



Adventure Camp - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language lessons 11.00 - 12.30	Full-day excursion to Montreux
Afternoon	Lunch						
	Arrival during afternoon	Canoeing/rafting	Half-day excursion	Preparation for the overnight	Half-day excursion	Hiking	Full-day excursion to Montreux
Evening	Dinner						
	Welcome evening: Test, Rules, Introduction, Icebreaker games	Camping	Campfire	Spending a night in the wilds	Adventure challenges	Disco until 23:00	Free evening

* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).

Ages: 10 to 17

**Special
Camps**

Languages
English, French, German

Swiss chalet
4 | 6 | 8 Beds

Hostel
2 bedded ensuite rooms

Location
Liddes

St. Bernard Football Camp



THE PROGRAM

This hot summer football camp in Valais combines footballing fun with interactive language courses in groups of six (French, German & English). So lace up your boots and experience a football week full of educational & fun training sessions as well as dynamic language lessons, all at Champions League level of course!



Liddes United Football Camp - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	Full-day excursion to Montreux
Afternoon	Lunch						
	Arrival during afternoon	Football training session, Relax/workshops	Half-day excursion	Football training session, Relax/workshops	Half-day excursion	Football challenges	Full-day excursion to Geneva lake
Evening	Dinner						
	Welcome evening: Test, Rules, Introduction, Icebreaker games	Match	Football quiz games	Football challenges	Free evening	Disco	BBQ

* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).

Ages: 10 to 15

Special
Camps

Languages
English, French, German

Swiss chalet
4 | 6 | 8 Beds

Hostel
2 bedded ensuite rooms

Location
Liddes

Tennis Camp

THE PROGRAM

Our tennis camp takes place in our chalet in the Alpine village of Liddes. The tennis court is just around the corner and is surrounded by the majestic Swiss Alps. Swinging a tennis racket in this extraordinary environment is an event to remember.

- 15 hours of language courses to strengthen the language bases, paying close attention to the learning needs of each individual student.
- Over 8 hours of tennis lessons per week, the biggest focus being on the most important aspects of the game.

- Several different workshops which serve the purpose of fostering the immersion in the target language.
- 2 excursions per week, including one full-day.
- 24h staff supervision
- Airport transfers included

- An evening program where everyone is free to choose a group activity



Tennis Camp - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	Full-day excursion
	Lunch						
Afternoon	Arrival during afternoon	14.30 - 16.30 Tennis training sessions/ Relax/workshops	Half-day excursion	14.30 - 16.30 Tennis training sessions/ Relax/workshops	Half-day excursion	14.30 - 16.30 Tennis Challenges	Full-day excursion
	Dinner						
Evening	Welcome evening: Test, Rules, Introduction, Icebreaker games	frilingue Olympics	Camp fire	Tennis Challenge Part 1	Movie night	Disco until 23:00	Free evening

* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).

Ages: 8 to 17

Special
Camps

Languages
English, French, German

Swiss chalet
4 | 6 | 8 Beds

Hostel
2 bedded ensuite rooms

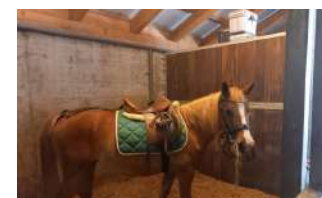
Location
Liddes

Horse Riding Camp



THE PROGRAM

The horse riding camp in Liddes, Valais combines horse riding lessons with interactive language courses in groups of six (French, German & English). Even if you are a complete beginner and never rode a horse, our experienced instructors will introduce you this noble and ancient activity, adored by many!



Horse Riding Camp - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	Full-day excursion to Montreux
	Lunch						
Afternoon	Arrival during afternoon	Horse riding lessons	Half-day excursion to Martigny	Horse riding lessons	Half-day hike excursion	Horse riding lessons	Geneva lake visit
	Dinner						
Evening	Welcome evening: Test, Rules, Introduction, Icebreaker games	Treasure hunt	Campfire night	friLingue Olympics	Free evening	Disco until 23:00	BBQ

* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).

Special Camps	Languages English, French, German	Swiss chalet 4 6 8 Beds	Hostel 2 bedded ensuite rooms	Location Liddes
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St. Bernard Ski & Snowboard Camp

THE PROGRAM

With our ski and snowboard course, students of all ability levels will have the opportunity to improve and have fun; we'll help beginners to feel at home on the piste, whilst more comfortable skiers and snowboarders will be taught on the bigger slopes by our more advanced coaches. As well as taking ski and snowboard lessons, we also offer you the chance to take English, French and/or German classes each morning with our young and dynamic teachers.

PROGRAM INCLUDES:

- 12 hours of language lessons per week
- 15 hours of ski/snowboarding lessons
- Full board accommodation
- Evening activities
- 6 students per class
- Alpine location
- Certificates
- 24h staff supervision
- Alpine location
- Airport transfers included
- Our own property
- Full-day excursion on Saturday



St. Bernard Ski Camp - Schedule*



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language lessons**	9.00 - 10.30 Language lessons**	Skiing/Snowboarding	9.00 - 10.30 Language lessons**	9.00 - 10.30 Language lessons**	Full-day excursion to Lausanne
	Lunch						
Afternoon	Arrival during afternoon	Skiing/Snowboarding	Skiing/Snowboarding	Excursion to Montreux Riviera/ Vevey/Gruyères	Skiing/Snowboarding	Skiing/Snowboarding	Olympic Museum visit
	Dinner						
Evening	Welcome evening: Test, Rules, Introduction, Ice- breaker games	Swimming	Ice Skating	Night skiing	Free Evening	Disco	Movie Night in the Chalet, BBQ

* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).

** Language lessons and skiing/snowboarding lessons might swap places, due to force majeure.

Ages: 8 to 17

Special
Camps

Languages
English, French, German

Swiss chalet
4 | 6 | 8 Beds

Hostel
2 bedded ensuite rooms

Location
Liddes / Braunwald

Alps Camp



THE PROGRAM

A Language camp to learn English, German or French in a fun way! 3 hours a day for four days per week, children and teenagers will form very small groups (according to their level and age) to find out how they can improve their French, German or English through games. Right next to the language lessons we've prepared a cornucopia of different winter activities for all appropriate age levels. Even if you don't want to ski, you can still spend your holidays in the Swiss Alps and have a lot of fun! Every day is designated for a different activity to discover the Swiss Alps!



Families welcome!

Alps Camp - Schedule *

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	Sledging	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	Full-day excursion to Lausanne
	Lunch						
Afternoon	Arrival during afternoon	Skiing/Snowboarding **	Hiking **	Excursion to Montreux Riviera/ Vevey/Gruyères	Visit to a typical Swiss village	Snowshoeing **	Olympic Museum visit
	Dinner						
Evening	Welcome evening: Test, Rules, Introduction, Icebreaker games	Swiss Evening with Quiz and Fun	Ice Skating	Swimming	Free Evening	Disco until 23:00	Movie Night in the Chalet, BBQ

* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).

** Afternoon activities can sometime swap places with language lessons during the mornings, depending on the current weather.

Ages: 10 to 17

Languages: English

Campus: 2 | 4 beds

Schwarzsee English Camp



FACTS ABOUT ENGLISH CAMP

- Full English speaking staff team
- Native speaking teachers from throughout the English speaking world
- All evening and afternoon activities conducted exclusively in English
- Good mix of Swiss and international students

Schwarzsee Campus

- The campus offers modern furnished rooms, a large living room and spacious classrooms.
- Accommodation in 2- or 4- bedded rooms in a peaceful mountain location.
- Large sports complex including a sports hall, multiple outdoor courts and sports fields, a fitness centre and two climbing walls.



THE PROGRAM

Improve your English skills in a proactive and immersive environment. Outside of the class room, you'll get to explore the mountains, swim in the lake and roast marshmallows over an open fire underneath a starry sky, the likes of which we can guarantee you've never seen before!

PROGRAM INCLUDES:

- 15 hours of class per week
- Full-board accommodation
- Alpine location
- Afternoon activities: workshops
- Hiking with views
- Full-day excursion on Saturday
- 6 students per class
- 24h staff supervision
- Certificates
- Evening activities
- Airport transfers included



Schwarzsee English Camp - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 English Lessons	9.00 - 10.30 English Lessons	9.00 - 10.30 English Lessons	9.00 - 10.30 English Lessons	9.00 - 10.30 English Lessons	
		11.00 - 12.30	11.00 - 12.30	11.00 - 12.30	11.00 - 12.30	11.00 - 12.30	
Afternoon	Lunch						
	Arrival during afternoon	WORKSHOPS**	Hiking with a photo & video competition	WORKSHOPS**	Beach - SUP, canoe, pedalo; Irtag game	Free Time	Full-day excursion to Fribourg, visiting the old city quarter
Evening	Dinner						
	Welcome evening: Test, Rules, Introduction, Ice-breaker games	Sports Tournament	Games Night	Bonfire at the Lake Singing and Guitars	Free evening	Disco until 23:00	BBQ

* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).

** Sample Workshops: Theatre, Film or Media Workshop, Newspaper, Sports, Graffiti, Dancing, Baking, DJ Workshop, etc.



Ages: 10 to 17

Languages: French | German

Campus: 2 | 4 beds

Schwarzsee Bilingual Camp



FACTS ABOUT SCHWARZSEE

- Breathtaking mountain location in the Prealps
- Bilingual French & German speaking region
- Perfect for lakeside relaxation and mountain adventures
- Gives an authentic taste of the Swiss Mountain life

Schwarzsee Campus

- The campus offers modern furnished rooms, a large living room and spacious classrooms.
- Accommodation in 2- and 4-bedded rooms in a peaceful mountain location.
- Large sports complex including a sports hall, multiple outdoor courts and sports fields, a fitness centre and two climbing walls.



THE PROGRAM

Classes are interactive and lively. Students will be using their speaking and listening skills in a wide range of fun language learning activities. Classes are held both indoors and outdoors to profit from the mountain sun.

PROGRAM INCLUDES:

- 15 hours of class per week
- Full-board accommodation
- Alpine location
- Afternoon activities: workshops
- Hiking with views
- Full-day excursion on Saturday
- 6 students per class
- 24h staff supervision
- Certificates
- Evening activities
- Airport transfers included



Everyone is very friendly!
The classes are small so we have many chances to speak a lot. I also love Schwarzsee. The area and the mountains are so beautiful!

Theo - 10, France





Schwarzsee Bilingual Camp - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	
Afternoon	Lunch						Full-day excursion to chocolate factory
	Arrival during afternoon	WORKSHOPS**	Hiking with a photo & video competition	WORKSHOPS**	Beach - SUP, canoe, pedalo; lrtag game	Free Time	
Evening	Dinner						
	Welcome evening: Test, Rules, Introduction, Ice-breaker games	Sports Tournament	Games Night	Bonfire at the Lake Singing and Guitars	Free evening	Disco until 23:00	BBQ

* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).

** Sample Workshops: Theatre, Film or Media Workshop, Newspaper, Sports, Graffiti, Dancing, Baking, DJ Workshop, etc.

Ages: 12 to 17

**Special
Camps**

Languages
English, French and German

Campus
2 | 4 Beds

Location
Schwarzsee

Photography Camp



THE PROGRAM

In our Photography Camp, the students will learn how to use photography to tell their own stories, explore the world around them, and develop deep connections with others. The students will be completely immersed in the theory of photography and have ample opportunities to practice their skills.

Whether it is the indoor setting or the outdoor environment, the students will learn how to capture the moment in the best possible manner.

Note: photography lessons will be in English!



Photography Camp - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	Full-day excursion to Fribourg
	Lunch						
Afternoon	Arrival during afternoon	Photography lessons	Half-day excursion	Photography lessons	Half-day excursion	Photography lessons	Visiting Fribourg old city
	Dinner						
Evening	Welcome evening: Test, Rules, Introduction, Icebreaker games	Adventure Challenges	Campfire	Free evening	frilIngue Olympics	Disco until 23:00	BBQ

* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).

Ages: 12 to 17

**Special
Camps**

Languages
English, French and German

Campus
2 | 4 Beds

Location
Schwarzsee

Dance Camp



THE PROGRAM

Improve your dance techniques with our professional coaches as well as your French, German, or English language. Students will have 2 hours of dance classes (modern/traditional/hiphop) on Monday, Wednesday, and Friday.

Students will prepare a choreography which will be performed on campus in front of an audience Friday night during our evening program.

If you have no experience in dance and you have a huge desire, do not worry. Our program is perfectly adapted to both beginners and experienced dancers.

Note: dance lessons will be in English!



Dance Camp - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 language lessons 11.00 - 12.30	9.00 - 10.30 language lessons 11.00 - 12.30	9.00 - 10.30 language lessons 11.00 - 12.30	9.00 - 10.30 language lessons 11.00 - 12.30	9.00 - 10.30 language lessons 11.00 - 12.30	Full-day excursion to Fribourg
	Lunch						
Afternoon	Arrival during afternoon	Dance lessons	Half-day excursion	Dance lessons	Half-day excursion	Dance lessons	Visiting Fribourg old city
	Dinner						
Evening	Welcome evening: Test, Rules, Introduction, Icebreaker games	Adventure Challenges	Campfire	Free evening	friLingue Olympics	Choreography presentation Disco until 23:00	BBQ

* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).

Ages: 12 to 17

Special
Camps

Languages
English, French and German

Campus
2 | 4 Beds

Location
Schwarzsee

Coding Camp



THE PROGRAM

This is an language camp for young people who would like to immerse themselves in the intricate world of programming and, beside the language lessons attend the coding lessons in the afternoon.

WHAT WILL YOU LEARN?:

- Responsive Web Design
- JavaScript Algorithms and Data Structures
- Data Visualization
- Quality Assurance
- Front End Development Libraries
- Python Basics
- Information Security

WHAT WILL YOU DO?:

- English, French or German lessons in the morning
- Creating a project
- Introduction to coding
- Exploring the basic principles of programming



Note: coding lessons will be in English!

Coding Camp - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	Full-day excursion to Fribourg
	Lunch						
Afternoon	Arrival during afternoon	Coding lessons	Half-day excursion	Coding lessons	Half-day excursion	Coding lessons	Visiting Fribourg old city
	Dinner						
Evening	Welcome evening: Test, Rules, Introduction, Icebreaker games	Adventure Challenges	Campfire	Free time	friLingue Olympics	Disco until 23:00	BBQ

* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).

Ages: 10 to 17

Languages
English

frilingue

Italian Trip



THE PROGRAM

Historically unmatched, with a world class cuisine and the friendliest people on earth, Italy is right on our doorstep!

On our 6 day trip we visit the following gems:

- Florence - the birthplace of the Renaissance
- Rome - one of the cradles of Western civilization
- Milan - a fashion powerhouse and dynamic city.

We stay in 2 - 5 bed rooms in rustic hotels / hostels, eat delicious, authentic local cuisine and travel by coach.
The tour is guided by our frilingue teachers. Improve your English through hands-on experiences and practical use!



Italian Trip - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning	Breakfast + Leave Liddes / First part of the trip Liddes > Pisa	Breakfast / Visit to Santa Maria del Fiore Cathedral with dome climb	Breakfast + Hostel check-out / Trip Florence > Rome	Breakfast / Guided visit to Colosseum	Breakfast / Guided visit to St. Peter's Basilica, Vatican Museum and Sistine Chapel + Dome climb	Breakfast + Hostel check-out / First half of the trip Rome > Milan	Breakfast + Hostel check-out / Guided visit to Milan Cathedral and archaeological site / Boat trip on the Darsena
	12.30 - 13.00 Lunch	12.00 - 12.30 Lunch	12.30 - 13.00 Lunch	13.00 - 13.30 Lunch	12.30 - 13.00 Lunch	12.00 - 12.30 Lunch	13.30 - 14.30 Lunch
Afternoon	Second part of the trip Liddes > Pisa / Walking Tour Downtown Pisa / Pisa Tower climb / Trip Pisa > Lucca	Guided visit to Galileo Museum (Experiential Visit) / Guided visit to Palazzo Vecchio with tower climb	Welcome to Rome Experience / Visit to Sant'Angelo Castle	Guided visit to Roman Forum and Palatine	Visit to Leonard da Vinci Experience Museum / Free Jewish Ghetto and Trastevere Walking Tour	Second half of the trip Rome > Milan	Guided visit to Sforzesco Castle
	17.00 - 17.30 Snack break						
Evening	Bike tour / Start: Lucca Wall circuit / End: Guinigi Tower climb / Trip Lucca > Florence / Hostel check-in	Walking tour Florence	Walking tour Rome / Visit to Pantheon	Free night	Visit to Gianicolo Hill + Panoramic view of the city	Milan Walking Tour	Trip Milan > Liddes
	20.00 - 20.30 Dinner	20.00 - 20.30 Dinner	20.00 - 20.30 Dinner	20.00 - 20.30 Dinner	20.00 - 20.30 Dinner	20.00 - 20.30 Dinner	20.00 - 20.30 Dinner

* This is only an example for a weekly program. The exact program will be communicated at the beginning of the trip (yet it can be modified later on due to bad weather or other reasons).



Ages: 17 | 18 or more

Languages: English | French | German

Various camps

CIT (Counselor-In-Training) program



FACTS ABOUT friLingue CIT PROGRAM

- Participation in the CIT program is based on selection
- International applications must be at least 18 years old
- International applicants must have advanced knowledge of English
- The focus is on leadership development, teamwork, communication and organizational theory

Our Counselor-In-Training program (CIT) is designed to offer qualified young people the opportunity to prepare for positions as camp leaders.

The 4 to 6-week Counselor-in-Training (CIT) program is an intensive, hands-on training experience that gives youngsters valuable insights into the role of a camp leader.

Under the guidance of experienced friLingue camp leaders, the CITers develop their decision-making and problem-solving skills by engaging themselves with daily/weekly logistics.



CIT UNDER 18 (COUNSELOR IN TRAINING)

YOUNG FULL CIT



Traineeship + CIT (no language lessons)

Minimum age requirement: 17 years

- During the mornings, the intern will provide assistance in the kitchen/camp leader's office.

- In the afternoon and evening, they will help with the organization of the excursions, workshops and the evening program.

- That means an average of around 6-8 hours of work per day.



YOUNG CULINARY ASSISTANT

The combined offer of traineeship + 15 hours of language lessons per week

Minimum age requirement: 17 years

- The culinary assistants will work closely with our chefs, who will try to teach them as much as possible about daily cooking routines.

- That means an average of 4-6 hours of work per day.



YOUNG STUDENT CIT



The combined offer of traineeship + 15 hours of language lessons per week

Minimum age requirement: 17 years

- The CIT students will work closely with our camp leaders, learning about the camp organisation, logistics and leadership.

- That means an average of 4-6 hours of work per day.



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